

Palnatoke

designed by Lisa Risager

Earwarmers for a cyclist.

Not pretty – especially not when someone's wearing the outfit – but warm!

Materials:

Yarn: Any soft wool

Needles: 2½ mm double pointed needles

Techniques: garter stitch, increases, knitting on double pointed needles



Instructions:

Cast on 20 stitches on double pointed needles.

Knit 20 rows of garter stitch.

Continue in garter stitch while increasing 4 stitches on every 4th round until you have a total of 60 stitches.

Continue with 10 rows of garter stitch without increases.

Bind off as tight as you can.

And... make another one.

Buy a bicycle helmet if you haven't got one – they're absolutely fabulous if you crash.

Keep warm while riding!